

HEP C TESTING

TO TEST FOR HEP C, START BY MAKING AN APPOINTMENT WITH YOUR DOCTOR, NURSE OR CLINIC.




ANTIBODY POSITIVE
MEANS YOU HAVE **BEEN EXPOSED** TO HEP C AT SOME TIME IN YOUR LIFE




ANTIBODY TEST
THIS BLOOD TEST WILL SHOW IF YOU HAVE EVER BEEN EXPOSED (HAD THE HEP C VIRUS IN YOUR BLOOD)

ANTIBODY NEGATIVE
MEANS YOU HAVE **NEVER** HAD HEP C



IF YOU ARE EXPOSED TO HEP C, FOR A 6 MONTH PERIOD, YOUR BODY WILL TRY TO CLEAR THE VIRUS.




1 IN 4 PEOPLE WILL CLEAR HEP C WITHIN 6 MONTHS

NO MORE TESTS NEEDED





PCR POSITIVE
MEANS THAT THE HEP C VIRUS **IS PRESENT IN YOUR BLOOD** AND YOU HAVE HEP C



PCR TEST
THE PCR TEST SHOWS WHETHER THE VIRUS IS PRESENT IN YOUR BLOOD OR NOT (ALSO CALLED HCV RNA TEST)

PCR NEGATIVE
MEANS YOU **HAVE CLEARED** THE VIRUS AND THAT YOU DO NOT HAVE HEP C



YOUR DOCTOR, NURSE OR CLINIC WILL DO A **PRE-TREATMENT ASSESSMENT TO HELP THEM WORK OUT THE BEST TREATMENT FOR YOU.** THEY COULD INCLUDE ANY OF THE TESTS BELOW.

NO MORE TESTS NEEDED



LIVER FUNCTION TEST*

FIBROSCAN *

PCR VIRAL LOAD*

FIBROSIS MARKER*

***PLEASE TURN OVER FOR MORE DETAILS OF THE TESTS**

WANT TO KNOW MORE?
Call our Hepatitis Infoline 1800 803 990
or look up our website www.hep.org.au



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BELOW IS AN OUTLINE OF SOME OF THE TESTS YOU MAY NEED BEFORE GOING ON TREATMENT

LIVER FUNCTION TEST



THIS IS A BLOOD TEST THAT **MEASURES HOW YOUR LIVER IS WORKING.**

IT CAN BE HELPFUL IN LETTING YOUR DOCTOR, NURSE OR CLINIC KNOW MORE ABOUT HOW WELL YOUR LIVER IS WORKING BY MEASURING CERTAIN LEVELS IN YOUR BLOOD.

FIBROSCAN



THIS IS A **SIMPLE, QUICK, PAIN-FREE WAY** FOR A NURSE **TO CHECK FOR ANY LIVER DAMAGE.** IT IS LIKE AN ULTRASOUND AND DOESN'T HURT. IT WILL SHOW UP ANY FIBROSIS AND CIRRHOSIS.

(IF A FIBROSCAN IS NOT AVAILABLE AN ULTRASOUND MIGHT BE USED INSTEAD.)

PCR VIRAL LOAD



THIS BLOOD TEST **MEASURES THE AMOUNT OF HEP C VIRUS IN YOUR BLOOD.**

THIS TEST MAY BE USED DURING YOUR TREATMENT TO SEE IF THE TREATMENT IS WORKING. YOU WILL GET THIS TEST AGAIN 12 WEEKS (MINIMUM) AFTER FINISHING TREATMENT TO CHECK IF YOUR TREATMENT IS SUCCESSFUL. YOU MIGHT ALSO GET YOUR VIRAL LOAD CHECKED BEFORE STARTING TREATMENT.

FIBROSIS MARKER



NEW WAYS TO CHECK FOR LIVER FIBROSIS ARE AVAILABLE. THE **APRI** METHOD USES BLOOD TESTS (LIVER FUNCTION TEST/ FULL BLOOD COUNT). IT IS A USEFUL TOOL TO DETERMINE LIVER FIBROSIS WHEN A FIBROSCAN MACHINE IS NOT AVAILABLE.

OTHER MEDICAL HISTORY



IT'S REALLY IMPORTANT TO TELL YOUR DOCTOR, NURSE OR CLINIC IF YOU HAVE BEEN ON **TREATMENT FOR HEP C BEFORE.**

YOUR DOCTOR, NURSE OR CLINIC WILL ALSO LOOK AT YOUR **MEDICAL HISTORY** AND ANY OTHER MEDICATIONS YOU MIGHT BE TAKING TO WORK OUT THE BEST POSSIBLE TREATMENT FOR YOU. THEY WILL ALSO DISCUSS WITH YOU ANY OTHER FACTORS **THAT MIGHT MAKE YOUR HEPATITIS C WORSE,** LIKE HIGH ALCOHOL INTAKE, OBESITY OR DIABETES.

ONCE YOU HAVE BEEN CURED THROUGH TREATMENT, THERE IS **NO NEED TO HAVE ANOTHER ANTIBODY TEST EVER AGAIN.** THIS IS BECAUSE EVEN AFTER CURE, THE HEP C ANTIBODY TEST RESULT WILL SHOW POSITIVE, PROBABLY FOR AS LONG AS YOU LIVE. THE ANTIBODY TEST DOES NOT MEAN YOU HAVE HEP C. IT IS THE PCR TEST WHICH SHOWS WHETHER YOU HAVE HEP C OR NOT.

AND AFTER CURE FROM TREATMENTS, YOUR HEP C WILL NOT COME BACK, UNLESS YOU GET RE-INFECTED BY A NEW EXPOSURE TO HEP C THROUGH BLOOD-TO-BLOOD CONTACT WITH SOMEONE ELSE WITH HEP C.

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